



Please note the following safety directives that have been put in place during the present Pandemic for all coaches and skaters. Please go over these directives with your skater. These directives are mandatory for everyone's safety.

### **Skaters**

1. When registering online, all skaters must fill in the liability form supplied by Patinage Quebec.
2. All skaters be screen daily upon arrival to the arena. Please follow arrival times designated by the schedule.
3. All skaters must report if they or anyone they have been in contact with has traveled outside of Quebec in the past 14 days
4. All skaters must wear masks entering and exiting the arena facility. Masks are not required on ice.
5. All Skaters must wash or disinfect their hands upon arrival to the arena.
6. Follow arrow directly to dressing area.
7. Skaters may use benches to put on skates (2-meter social distancing is mandatory at all times when off ice)
8. Young skaters needing help attaching skates should put their skates and (hard)guards on in the car then enter the arena facility.
9. Skaters are not permitted skate bags or personal items in the arena (please leave them in the car)
10. Skaters should have a plastic baggie clearly marked with their name containing their own Kleenex, sanitizer, extra mitts etc.)
11. Skaters must bring their own water bottle
12. All items may be put on the boards on the ice (skaters can not put any items on the benches on the ice)
13. Skaters must follow times allotted; skaters cannot go past their designated time.
14. When a skater's lesson is finished, they must change to their shoes and exit the building immediately. (Lingering in the change area or lobby will not be tolerated)
15. A volunteer will be available to open and close the door of the ice surface at all times. Skaters are not be permitted to touch the door.
16. Absolutely no skater is permitted to remain in the arena during the cleaning process.
17. Spectators are not encouraged however the facility will permit 1 spectator per athlete if need be for the younger skaters. 2-meter social distancing is required.



## Coaches

1. Prior to entering the arena facility for the first time please email PCSC your Liability for supplied by Patinage Quebec. (Without such you will not be permitted into the arena)
2. All coaches be screen daily upon arrival to the arena. Please follow arrival times designated by the schedule.
3. All coaches must report if they or anyone they have been in contact with has traveled outside of Quebec in the past 14 days.
4. All coaches must wear masks entering and exiting the arena facility. Masks are not required on the boards however they are encouraged for everyone's safety.
5. All Coaches must wash or disinfect their hands upon arrival to the arena.
6. Follow arrows to the designated bench areas. Coaches are not permitted on the ice or in the music box area.
7. Coaches may not touch the boards
8. Please keep all personal items behind you on the bench in your designated area
9. Coaches may not touch their skaters at any time
10. Coaches must follow scheduled lesson times (no over-lapping any incomplete lesson)
11. When a coach's lesson is finished, they must exit the building immediately. (No lingering in the lobby or dressing area)
12. Absolutely no coach can remain during the cleaning process.